**Barking & Dagenham Local Non-Medical Services**

* **Coronavirus support for residents**
	+ Support for residents ([lbbd.gov.uk](https://www.lbbd.gov.uk/coronavirus-covid-19))
* **Financial and benefit advice**
	+ Benefits & support ([lbbd.gov.uk](https://www.lbbd.gov.uk/benefits-and-support)); Benefits ([lbbd.gov.uk](https://www.lbbd.gov.uk/benefits-help))
	+ Help with money and finance ([lbbd.gov.uk](https://www.lbbd.gov.uk/help-with-money-and-finance))
* **Employment advice**
	+ [THTT-EA Covid19 Employment Advice - V1 (pagetiger.com)](https://view.pagetiger.com/covid19-employment-support/thtt)
* **Housing advice**
	+ Housing ([lbbd.gov.uk](https://www.lbbd.gov.uk/finding-a-home-and-housing-advice))
	+ Coronavirus – housing advice ([lbbd.gov.uk](https://www.lbbd.gov.uk/sites/default/files/attachments/COVID-19-Information-booklet-for-residents_0.pdf))
* **Bereavement support**
	+ Deaths and funerals during coronavirus [(lbbd.gov.uk](https://www.lbbd.gov.uk/sites/default/files/attachments/Bereavement-leaflet.pdf))
* **Diet and shopping support**
	+ Shopping and meals ([lbbd.gov.uk](https://www.lbbd.gov.uk/shopping-and-help-preparing-meals))
* **Healthy living services**
	+ Maintaining a healthy weight Healthy weight: physical activity and healthy eating in adults ([lbbd.gov.uk](https://www.lbbd.gov.uk/health-and-wellbeing))
	+ Smoking cessation support Stop smoking support ([lbbd.gov.uk](https://www.lbbd.gov.uk/stop-smoking))
* **Voluntary and community organisations support**
	+ Barking and Dagenham CVS - championing community action ([lbbd.gov.uk](https://www.lbbd.gov.uk/barking-dagenham-council-for-voluntary-service-cvs#:~:text=Barking%20and%20Dagenham%20CVS%20is,and%20manage%20their%20organisations%20effectively.))
* **Social prescribing**

Social Prescribing ([lbbd.gov.uk](https://www.lbbd.gov.uk/social-prescribing))