**Tower Hamlets Local Non-Medical Services**

* **Coronavirus support for residents**
  + [Support for residents (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/health__social_care/health_and_medical_advice/Coronavirus/Support_for_residents/Support_for_residents.aspx)
* **Financial and benefit advice**
  + [Financial and benefits advice (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/advice_and_benefits/Financial-and-benefit-advice/Financial-and-benefits-advice.aspx); [Benefits (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/advice_and_benefits/benefits/benefits.aspx)
  + [Benefits and financial support (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/health__social_care/health_and_medical_advice/Coronavirus/Support_for_residents/Benefits_and_financial_support.aspx) (**Inc.** additional support during COVID19 pandemic)
* **Employment advice**
  + [THTT-EA Covid19 Employment Advice - V1 (pagetiger.com)](https://view.pagetiger.com/covid19-employment-support/thtt)
* **Housing advice**
  + [Housing (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/housing/housing.aspx)
* **Bereavement support**
  + [Deaths and funerals during coronavirus (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/health__social_care/health_and_medical_advice/Coronavirus/Support_for_residents/Deaths_and_funerals_during_coronavirus.aspx)
* **Diet and shopping support**
  + [Shopping and meals (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/health__social_care/ASC/Adults_Health_and_Wellbeing/Staying_independent/Living_at_home/Shopping_Meals.aspx)
* **Healthy living services**
  + Maintaining a healthy weight [Healthy weight: physical activity and healthy eating in adults (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/health__social_care/public_health/healthy_lifestyle,_adults.aspx)
  + Smoking cessation support [Stop smoking support (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/health__social_care/public_health/tobacco_control/stop_smoking_support.aspx)
* **Voluntary and community organisations support**
  + [Voluntary and community organisations that can help (towerhamlets.gov.uk)](https://www.towerhamlets.gov.uk/lgnl/health__social_care/health_and_medical_advice/Coronavirus/Contact_us_for_help/Voluntary_and_community_organisations_that_can_help.aspx)
* **Social prescribing**

[Services Social Prescribing (gpcaregroup.org)](https://www.gpcaregroup.org/your-health-services/social-prescribing/)