

NEL HEALTH CARE ASSISTANT (HCA) TRAINING PROGRAMME

This training programme is for HCAs working in North East London **ONLY**

**Training for
New Healthcare Assistants
or HCAs with
some experience**

Click [HERE](#) to learn more
and Express your Interest

**Advanced
Healthcare Assistant
16 week Programme**

(minimum 18 months
experience required)

Click [HERE](#) to learn more
and Express your Interest

**Developing Professional
Practice and Personal
Leadership Skills for
Healthcare Support Workers
Short Course | Level 4**

(aspiration to progress to
Nursing Associate required)

Click [HERE](#) to learn more
and Express your Interest

Course	Zoom or F2F	New or experienced or open sessions	Course Content
Care Certificate 3-Day Programme	Zoom	New	3-day programme covering all the non-mandatory statutory standards of the Care Certificate. Each of the days is contextualised to General Practice and is aimed at those who are new / recently new to a patient facing clinical role. Each learner is issued with a portfolio, a Practice Assessment Document and guidance for both themselves and their mentor/ supervisor to aid completion.
Foundation Immunisation 2-Day Programme	Zoom	Experienced	<p>Mapped to the National Minimum Standards for HCSW immunisation training, which is an expectation for all new immunisers. Includes Flu pneumococcal intranasal spray and shingles, legal frameworks including consent and capacity and the difference between PSD and PGD.</p> <p>injection techniques We also include IM administration of B12. Practical simulation workshop for safe injection technique. Covers cold chain documentation and errors and understanding vaccine hesitancy.</p> <p>Learners will require supervised practice and assessment of competence.</p>
Respiratory	Zoom	Experienced	Covers basic A/P of respiratory system, awareness of common respiratory illnesses with overview of asthma and COPD (prevalence, symptoms, and triggers.) Inhalers and spacers, peak flow monitoring including practical workshop for accurate measurement and recording. Awareness of screening questions . NICHE guidelines and trusted resources Role and boundaries of HCSWs in relation to respiratory disease monitoring.
Immunisation Updates	Zoom	Must have completed foundation programme and be experienced immunisers	Covers all recent and current issues in immunisation. PHE and RCN guidance for HCSWs and the administration of B12 pneumococcal, shingles and inactivated and nasal flu. Learners are encouraged to request supervision and annual sign off competency and injection techniques
Phlebotomy	F2F - Vicarage Lane Health Centre, E15 4ES	Open	<p>Underpinning knowledge including AP selection of equipment, palpating and identification of key anatomical landmarks.</p> <p>Contraindications in choice of arm. Practical session in small groups using high quality simulator arms. Learners are advised re attaining competency within their workplace</p> <p>Workbooks and competency assessment documents included</p>
Intro Physiological Measurement	Zoom & F2F - Vicarage Lane Health Centre, E15 4ES	New	<p>A 2 day programme. Day 1 covering height weight BMI and urinalysis. This includes underpinning knowledge and the importance of accurate data recording. Learners have an opportunity to measure and record measurements and discuss limitations of BMI. . Learners have an overview of the common reasons for collecting a suitable sample ,performing urinalysis and implications of abnormal results. We cover policies and procedures as defined ways of working and how to report abnormalities .</p> <p>Day 2 Underpinning basic knowledge of recording Pulse respiratory rate and BP- (Manual and automatic) and the factors that influence and the risks associated with abnormal readings. The scenario based practical afternoon encourages learners to practice the skills in an encouraging and supportive environment.</p>

Course	Zoom or F2F	New or experienced or open sessions	Course Content
Introduction to Heart Disease and ECG recording	F2F - Vicarage Lane Health Centre, E15 4ES	Open	Includes AP, how the heart works awareness and understanding of common conditions – predisposing factors , signs and symptoms lifestyle interventions role of HCSW in supporting change. can also include accurate recording of ECG and review in timely manner by ANP/ GP
Wound Care update	F2F - Vicarage Lane Health Centre, E15 4ES	Experienced	Recap of AP, signs and symptoms of healing and infection and reporting concerns. Types of wounds/ dressings, wound care formulary) Practical session – aseptic technique, following care plans. Measuring a wound, indications and how to take a wound swab Role of HCSW undertaking more complex dressings. (we hold discussion with lead / TV lead for area for guidance on local policies prior to this session)
Intro Wound Care	F2F - Vicarage Lane Health Centre, E15 4ES	New to wounds	Basic AP of skin, types of wounds and how they may be sustained . Normal healing process and scars on a variety of skin types/ colours. Signs of infection. Practical workshop including effective hand washing, aseptic and clean dressing changes. Discussion re wound formulary (shared in some localities) Role of HCSWs in following delegated procedures when competency gained. Documentation and reporting concerns. Learners are asked to bring a couple of simple dressings and a dressing pack to the session and they identify types of wounds dressings can be used on / safe removal.
Intro Diabetes	F2F - Vicarage Lane Health Centre, E15 4ES	New to diabetes and foot checks	Terminology -Type 1 and type 2 Signs and symptoms risk factors and complications Basic A and P The 8(9) Care Processes and the HCSW in monitoring Diabetes UK resources Referral for education (as per locality practice) Includes instruction and practice in undertaking diabetic foot assessment following FRAME guidelines
Intro Hypertension	Zoom	Must have completed / experienced in physiological measurements	Basic A and P, influencing lifestyles. Signs symptoms, hypo and hypertension and benefits of maintenance of control, risk factors and family histories, health promotion and signposting using MI techniques. Undertaking a hypertension review – 24 ABPB and HMBP monitoring Check practical techniques of both automatic and manual BP monitoring
Mental Health Awareness	Zoom	Open	Overview of common mental health conditions- presentations signs and symptoms of anxiety and depression signs and symptoms of severe mental health conditions, and self-harm. Learners explore how they may recognise deteriorating symptoms and learn open conversation technique to gain confidence in broaching difficult conversations with patients. We explore dementia and Alzheimer’s disease and use scenario-based situations seen in GP. Roles and boundaries escalation to registered member of team

Advanced Healthcare Assistant Training in Primary Care

If you have been a Healthcare Assistant in North East London within General Practice for a minimum of 18 months and are looking to develop your practical skills and knowledge please apply for this exciting practical accredited 16 week programme



Click [HERE](#) for the EoI Form

Please email your completed EoI form to nolaasare@nhs.net

The Advanced Healthcare Assistant programme

Commences Tuesday 2nd May 2023 for 16 weeks.
5 Face to Face Practical Skills Workshops &
3 live Webinars via zoom
from 9:30am to 4:00pm

Provider for the courses is Annie Barr Associates

- **Course Content**
- Advanced HCA role In General Practice
- Legal & Professional Issues
- Asthma/COPD/Spirometry
- Health Coaching
- Wound Care Management
- Hypertension
- Heart Disease/Ischemia/Stroke/ECG's
- Team building
- Self-analysis tools
- Reflection-Gibbs Cycle
- Professional Development
- Accountability & Responsibility





Developing Professional Practice and Personal Leadership Skills for Healthcare Support Workers Short Course | Level 4 / Certificate Level

Duration:

12 weeks online learning plus live module support sessions (delivered via Zoom)

Notional Study Time:

150 hours

Delivery:

Interactive Blended Online Learning
Course Assessment:
E-Poster and 500 word reflective commentary (100%)

Functional skills:

On application for the course, learners are asked to complete a Functional Skills self-evaluation. Any learners who do not have Level 2 Functional Skills will be supported to access relevant training courses to attain these.

Course Overview:

This course is designed to develop HCSWs and HCAs and to help prepare them for progression into a Nursing Associate role. Individuals undertaking this course will learn to:

- Reflect and build on existing knowledge and experience
- Respond to future healthcare requirements
- Confidently manage change in the workplace

The first part of the course will focus on:

- Having a voice and the confidence to use it
- Upskilling in leadership, facilitation and coaching

Interactive learning resources are supported by live module support sessions and online discussion forums. Learners are encouraged to submit a short microteaching video to demonstrate and develop their individual facilitation style.

The second part of the course:

- Introduces key themes that underpin person-centred practice
- Provides an opportunity for familiarisation with the Nursing Associate role
- Develops academic writing and study skills

Through a range of study activities, learners will explore topics including:

- Promoting health
- Being an accountable professional
- Contributing to integrated care

During this time they will be supported to develop academic writing and research skills in order to complete an assessed piece of work at the end of the programme. At the end of the 12 weeks, learners are required to submit an electronic poster on a health promotion or health improvement topic, plus a 500 word piece of reflective writing.

Successful completion of both parts of the assignment is required to pass the module, awarding the learner 15 credits at HE Level 4.

Entry Requirements:

To enrol on this programme learners must be actively employed as a Healthcare Assistant or Healthcare Support Worker with aspirations to progress to Nursing Associate.