

## Advance care planning for non-English speakers

For all Newham residents to have access to information and support about advance care planning, we need to increase our confidence in having conversations and find ways to make advance care planning information and support more accessible to people who do not speak English.

Without this, health inequalities will continue to grow and people without access to information and resources will be less likely to receive treatment and care in line with their wishes at the end of life.

To support non-English speakers with advance care planning you can:

- Hold an advance care planning day with interpreters
- Request a translated version of Newham's [Planning Ahead leaflet](#)
- Show Newham's advance care [planning video which includes some different community languages](#)
- Use Compassion in Dying's factsheets available in different community languages (0800 999 2434 / [info@compassionindying.org.uk](mailto:info@compassionindying.org.uk))
- Find out what support is available for people in your area who face language or digital barriers, including:
  - [Subco Trust](#) (South Asian Elders)
  - [Heal Together](#) (Somali speakers)
  - [Voiceability](#) (advocacy in community languages)
  - Language line (provide interpreters)
  - [Enabled Living](#) (British Sign Language support/advocacy)
- Make sure people are aware that they can book a double appointment with their GP to discuss their wishes, and that they should also ask their GP to note that they need an interpreter on their record
- Share what you have learnt and what has worked for you with others