

Raising awareness of Advance Care Planning in Newham

For all Newham residents to have access to information and support about advance care planning, we need to increase our confidence in having conversations and find ways to make advance care planning more accessible.

Without this, health inequalities will continue to grow and people without access to information and resources will be less likely to receive treatment and care in line with their wishes at the end of life.

Below are some simple things you can do to help ensure residents in Newham are aware of advance care planning:

Use free resources

- Put links to Newham's Advance Care Plan resources on your website
- Play the Newham advance care planning video in your surgery or community centre
- Request fliers to distribute in your surgery, community centre or waiting room
- Include a question about advance care planning on your referral form

Upskill yourself and staff

- Find out what support is available for people in your area who face language or digital barriers to make their wishes known
- Make an advance statement, advance decision or lasting power of attorney for health and care for yourself – so you know what is involved
- Hold a protected learning time event with your colleagues on making and implementing advance care plans

Tell the community

- Hold a meeting on making and implementing advance care plans for staff, volunteers residents and families
- Offer an advance care planning information session through your Patient Participation Group
- Hold an advance care planning day for the people you support
- Host a 'What I would want' wall
- Listen for cues and initiate a conversation with the people you support on advance care planning
- Emphasise the benefits of advance care planning and the important conversations it opens up
- If someone has made a plan, check it has been shared and recorded on their electronic record

Get more support

For free support and resources contact Compassion in Dying's nurse-led information team:

- 0800 999 2434 (Monday to Friday, 11am-3pm)
- info@compassionindying.org.uk